

Continue Learning with FirstHope

Complete Notes on the FirstHope App

Complete subject and semesters are available on FirstHope app only.

- Get complete subject and semester notes in the FirstHope app.
- Available for B.Pharm, D.Pharm, M.Pharm and Pharm.D students.

[Click here to get the FirstHope app](#)

Join the FirstHope Telegram Channel

Join FirstHope Notes and keep up with channel updates.

[Click here to join Telegram](#)

Instagram

@firsthope.official

[Click here to follow Instagram](#)

YouTube Channel

FirstHope-Pharmacy / Live streams

[Click here to watch the YouTube channel](#)

WhatsApp Channel

Follow FirstHope on WhatsApp.

[Click here to join the WhatsApp channel](#)

FirstHope Website

firsthopenotes.com

[Click here to visit the website](#)

Dispensing a Prescription - Patient Role-Play

Experiment 3 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To communicate a supplied prescription clearly and verify the patient's understanding.

Principle

Dispensing communication links a verified prescription with practical instructions, relevant precautions and a route for further questions. Teach-back assesses clarity of the explanation rather than testing the patient.

Requirements

- Instructor-verified fictional prescription and corresponding label/leaflet.
- Patient, student pharmacist and observer roles.

Procedure

1. Check the exercise

Identify the fictional prescription, supplied medicine information and questions requiring the supervisor. Do not invent missing directions.

2. Introduce

Confirm the role-play identity privately and ask what the person already understands about the medicine.

3. Explain

Give the name/purpose and supplied dose, route, frequency and duration in small clear steps.

4. Discuss precautions

Explain the relevant supplied common effects, important warning signs and what to do, using the approved information.

5. Teach-back

Ask the person to describe when and how they will use it. Correct the explanation respectfully if it was unclear.

6. Close and document

Invite questions, state how to contact the pharmacist and record what was covered and unresolved.

Communication Skills**Observations and Record**

Counselling element	Completed / evidence	Correction required
Directions and purpose	_____	_____
Precautions and questions	_____	_____
Teach-back / documentation	_____	_____

Worked Example

The numbers below are illustrative; enter your own observations in the record.

- With a fictional label reading "Take one tablet once daily after food," ask: "Please tell me how you will take this at home." The role-play does not authorise use of a real medicine.

Result

Record the completed activity, the feedback received and one specific improvement demonstrated on a second attempt. Use the actual performance record rather than the worked illustration.

Precautions

- Use fictional cases and remove personal identifiers from every worksheet, recording or slide.
- Explain only the instructor-verified prescription or information supplied for the exercise. Refer uncertain clinical questions to the supervising pharmacist.
- Respect the participant's language, comfort and right to pause; obtain permission before recording.

Viva Questions and Answers**1. Why not invent a missing duration?**

It must be verified with the authorised prescriber/supervisor.

2. What if teach-back is incorrect?

Explain again more clearly and recheck understanding.

3. Why document unresolved questions?

They need follow-up rather than being lost at closure.

Continue Learning with FirstHope

Complete Notes on the FirstHope App

Complete subject and semesters are available on FirstHope app only.

- Get complete subject and semester notes in the FirstHope app.
- Available for B.Pharm, D.Pharm, M.Pharm and Pharm.D students.

[Click here to get the FirstHope app](#)

Join the FirstHope Telegram Channel

Join FirstHope Notes and keep up with channel updates.

[Click here to join Telegram](#)

Instagram

@firsthope.official

[Click here to follow Instagram](#)

YouTube Channel

FirstHope-Pharmacy / Live streams

[Click here to watch the YouTube channel](#)

WhatsApp Channel

Follow FirstHope on WhatsApp.

[Click here to join the WhatsApp channel](#)

FirstHope Website

firsthopenotes.com

[Click here to visit the website](#)