

First Aid for Fracture

Experiment 15 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To recognise a fracture scenario and demonstrate the first response.

Principle

First aid prioritises scene safety, airway and breathing, prevention of further harm and timely transfer to qualified care.

Key Points

- Support the limb in the position found and obtain urgent assessment; use a training splint only as taught.
- Do not straighten a suspected fracture or push protruding bone back into a wound.
- Assess circulation, sensation and concerning associated injuries; major trauma needs emergency response.

Practice Scenario

Fictional role-play case: A person has a painful deformed limb after a fall.

Activity Procedure

1. Recognise

Identify the scenario and immediate hazards.

2. Activate

Arrange the appropriate emergency or urgent referral and explain the concern.

3. Demonstrate

Support the limb in the position found and obtain urgent assessment; use a training splint only as taught.

4. Handover

Give the event time, symptoms, actions and available product or exposure information.

Record and Observations

Field	Activity record
Event / time	_____
Immediate action	_____
Actions avoided	_____
Referral / handover	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use a mannequin or role play for demonstrations.
- Do not attempt definitive medical treatment during the student exercise.

Viva Questions and Answers

1. What is the first priority?

Rescuer and scene safety, followed by immediate life threats.

2. What action should be avoided?

Do not straighten a suspected fracture or push protruding bone back into a wound.

3. Why document time?

It helps the receiving team interpret the event and treatment needs.

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