

First Aid for Burn

Experiment 16 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To recognise a burn scenario and demonstrate the first response.

Principle

First aid prioritises scene safety, airway and breathing, prevention of further harm and timely transfer to qualified care.

Key Points

- Stop exposure safely, cool the affected area with cool running water for 20 minutes, remove nearby loose jewellery and cover suitably after cooling.
- Do not remove stuck clothing or apply ice, butter or creams; avoid chilling the whole person.
- Large/deep burns, sensitive sites, electrical/chemical injury or breathing concerns require urgent emergency assessment.

Practice Scenario

Fictional role-play case: A person has a recent thermal scald.

Activity Procedure

1. Recognise

Identify the scenario and immediate hazards.

2. Activate

Arrange the appropriate emergency or urgent referral and explain the concern.

3. Demonstrate

Stop exposure safely, cool the affected area with cool running water for 20 minutes, remove nearby loose jewellery and cover suitably after cooling.

4. Handover

Give the event time, symptoms, actions and available product or exposure information.

Record and Observations

Field	Activity record
Event / time	_____
Immediate action	_____
Actions avoided	_____
Referral / handover	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use a mannequin or role play for demonstrations.
- Do not attempt definitive medical treatment during the student exercise.

Viva Questions and Answers

1. What is the first priority?

Rescuer and scene safety, followed by immediate life threats.

2. What action should be avoided?

Do not remove stuck clothing or apply ice, butter or creams; avoid chilling the whole person.

3. Why document time?

It helps the receiving team interpret the event and treatment needs.

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