

First Aid for Epileptic Seizure

Experiment 17 - Practical Notes

Name: _____ Roll no.: _____ Date: _____

Aim

To recognise a epileptic seizure scenario and demonstrate the first response.

Principle

First aid prioritises scene safety, airway and breathing, prevention of further harm and timely transfer to qualified care.

Key Points

- Clear hazards, cushion the head, time the event and stay with the person; after jerking stops, check breathing and use the recovery position when appropriate.
- Do not restrain the person or put objects, food or drink in the mouth.
- Emergency help is needed for a prolonged seizure around 5 minutes, repeated seizures without recovery, breathing difficulty, injury or a first seizure.

Practice Scenario

Fictional role-play case: A person has a convulsive seizure in a public area.

Activity Procedure

1. Recognise

Identify the scenario and immediate hazards.

2. Activate

Arrange the appropriate emergency or urgent referral and explain the concern.

3. Demonstrate

Clear hazards, cushion the head, time the event and stay with the person; after jerking stops, check breathing and use the recovery position when appropriate.

4. Handover

Give the event time, symptoms, actions and available product or exposure information.

Record and Observations

Field	Activity record
Event / time	_____
Immediate action	_____
Actions avoided	_____
Referral / handover	_____

Result

Complete the record using your activity, then state the findings, the action required and the reason for that action.

Precautions

- Use a mannequin or role play for demonstrations.
- Do not attempt definitive medical treatment during the student exercise.

Viva Questions and Answers

1. What is the first priority?

Rescuer and scene safety, followed by immediate life threats.

2. What action should be avoided?

Do not restrain the person or put objects, food or drink in the mouth.

3. Why document time?

It helps the receiving team interpret the event and treatment needs.

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